

Cornerstone Community Based Programs

The **MISSION** of **Cornerstone Community Based Programs (CCBPS)** is to provide invaluable resources and information to the citizens of Beaufort County, North Carolina. Our programs are designed to meet the needs of families who experience negative barriers that prevent positive outcomes towards a good quality of life.

Our programs focuses are **HEALTH, WELLNESS and FITNESS**, (Beaufort County Healthy Clergy, Congregations and Communities - BCH3C); **POSITIVE PARENTING SKILLS** (FUN Nurturing Parenting Programs) and **CORNERSTONE COMMUNITY LEARNING CENTER** (After-school and Summer Programs).

We are committed to the process of assisting our citizens to achieve success through our collaborations with various community partners who support our efforts.

Cornerstone Community Based Programs Partners

BC360

Washington Chamber of Commerce
Beaufort County Health Department
Beaufort-Hyde Partnership for Children
ECU Health Beaufort
Agape Health Services
Trillium Health Resources
HealthOne
HealThy Neighbor
HEAL (Healthy Eating Active Living)
Beaufort County Schools

Cornerstone Community Based Programs Funders

Beaufort County Department of Social Services
NC Department of Juvenile Justice
City of Washington
Beaufort County Government
Kate B. Reynolds Charitable Trust
Access East



Access East Healthy Opportunities Pilot Program

The Healthy Opportunities Pilot program will focus on the provision of non-medical services to eligible Medicaid Managed Care enrollees. The four main areas of focus (food, housing, interpersonal violence/toxic stress, and transportation services) will be delivered through an HSO. As an Assess East Human Service Organization (HSO) partner, CCBPS provides services to qualified residents of Beaufort County.

CCBPS STAFF

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Cornerstone Community Based PROGRAMS



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The mission of Cornerstone **Healthy Clergy, Congregations and Communities** (Cornerstone-BCH3C) is working towards a Healthier Community; to facilitate a process of collaborating the faith community with community agencies; to provide services that will combat negative barriers and conditions that lead to harmful health, fitness and wellness of the citizens living in Beaufort County, Eastern North Carolina; to assist by providing positive information, resources, training, and opportunities that will promote and improve the health and wellness of people for a better quality and increased quantity of life.

SPIRIT, SOUL & BODY
working together harmoniously
for a healthier you!



Cornerstone's **FUN** Programs is designed to provide parental and sibling interaction with a nationally recognized parenting curriculum; designed to help parents and children recognize destructive nurturing habits patterns, break these habits and replace them with positive, rewarding *nurturing family relationships*.

Cornerstone's **Families Understanding Nurturing (FUN) Program** provides two series of classes to serve families in Beaufort County. Classes are provided in the spring (March-June) and fall (August-November) months.

The **FUN** Curriculum is developed from a strong philosophical basis that supports the growth and development of parents and children as caring people who treat themselves, others, and the environment with respect and dignity.

Cornerstone's **The Parent Support Group (PSG)** is an addition to the **FUN program**. Parents and children can be a part of this group only after going through the 16 sessions of the **FUN program**. It is guided by the parents but there is a Facilitator to keep the class on course.

(PSG) provides parent to parent support, education, and opportunities to discuss parenting challenges, strategies, and to help inspire each other to build bright futures in their homes and community.

(PSG) supports the child both at home and in their education. Studies have shown that children whose parents are involved in their education have higher grades and test scores and are more likely to complete their education.

Nurturing Family Relationships

